

# **Set List**

"Imagination Movers motivates children (and adults) to learn about themselves, their relationships, and the world around them in ways that are fresh and exciting ... I strongly recommend this ingenious quartet to children and caregivers alike."

-- Julie A. Larrieu, Ph.D. Professor of Clinical Psychiatry and Pediatrics, Tulane University School of Medicine

"How refreshing to have such positive energy and great messages shared with our young children. The Movers are modeling good ideas and healthy messages for us all."

-- Julia Bland, Executive Director, Louisiana Children's Museum

"Take the kids!"

-- The Washington Post

"Fresh and treacle-free."

-- Parenting Magazine

# Dear Teachers,

We are excited to present to you the Imagination Movers interactive rock concert! We've successfully mixed the physical activity of a PE class with lessons in higher-level thinking, social skills and teamwork. This fun, safe experience features several science demonstrations and takes into account state educational standards while providing teachers with many opportunities for post-concert classroom applications.

Imagination Movers songs have been called "music for the body and brain" since they encourage physical activity and creativity. The song list for the "Think Big" tour will inspire kids to think big, eat right, make healthy lifestyle choices and become well-rounded students:

#### **IMAGINATION MOVERS THEME SONG**

Movers introduce themselves and their message to "Reach high, think big, work hard and have fun."

#### **SHAKABLE YOU**

An interactive dance song that keeps kids moving as they identify, and shake parts of their bodies: arms, legs, hips and head.

Foundation Skill: Part to the Whole Relation Non-Locomotor Skill: Stretching, Shaking

### **FRIENDLY GUY**

Group waves erupt as the Movers sing about personal hygiene and the merits of being friendly and polite to others, regardless of their appearance.

Interpersonal Social Skill: Judging Others, Friendship, Diversity, Greetings

Non-Locomotor Skill: Waving

### **ROLLING**

Get on your imaginary wagon, bike or tricycle and go explore all there is to see...outside!

Locomotor Skill: Rolling Arms Foundation Skill: Directions

Science Demonstration 1: Bernoulli's Principle

## **BUCKETS & CANS**

You don't need fancy instruments to make music. Everyone is invited to play a song with the Movers using their own instruments: hands, feet and voice!

Foundation Skill: Basic Music Theory - Tempo, Volume, etc / Open-Ended Problem-Solving Non-Locomotor Skill: Clapping, Stomping, Group Singing

#### **SNACKIN' ABCs**

The Movers perform a song using only smartphones and tablets and go through a scrumptious list of healthy foods associated with each letter of the alphabet.

Foundation Skill: Ordering, Language and Literacy, Technology

Life Skill: Healthy Snacking

#### WHAT MAKES YOU BEAUTIFUL

Social Skill: Self-Esteem, Self-Confidence

### PLAYING CATCH/SHOUT

Throwing a football, baseball or Frisbee is a great way for kids to stay active, spend time outdoors and connect with their friends and family.

Locomotor Skill: Catching, Throwing

Non-Locomotor Skill: Raising arms, Group Singing

**Imagination Movers** 

# MOTHER IN YOU (TEACHER IN YOU) / ONE MORE BOOK

A tribute to teachers everywhere and/or an exploration into daily reading using common fairy tale characters.

Foundation Skill: Literacy, Creative thinking, Counting

Interpersonal Social Skill: Showing Respect

### **SEVEN DAYS A WEEK**

Every day of the week is an opportunity to learn and grow your body and your brain with activities like swimming or helping mom make dinner.

Foundation Skill: Days of the Week, Time Perception, Mathematics

Non-Locomotor Skill: Leg Extensions

Science Demonstration 2: Fluid Dynamics - Vortex

# WHAT'S IN THE FRIDGE? / MY FAVORITE SNACK

It's important for kids to choose healthy snacks like fruit, fresh and cool.

Life Skill: Healthy Nutrition

Foundation Skill: Predicting, Word Relationships

Locomotor Skill: Hopping

#### **GETTING STRONGER**

Kids will exercise their bodies and brains and even flex their muscles as the Movers sing about getter stronger through perseverance, exercise and eating right.

Non-Locomotor Skill: Running in Place, Flexing

Social Skill: Persistence, Planning (Time Management)

## **BRAINSTORMING**

The Movers demonstrate 'brainstorming' and what it means, reminding kids there are no bad ideas when they're brainstorming.

Foundation Skill: Creative Thinking, Brainstorming, Modeling Problem-Solving

## JUMP UP

Jump up, get down, stand up and turn around with the Movers for the big show finale!

Locomotor Skill: Jumping, Twirling

Non-Locomotor Skill: Standing, Squatting, Running in Place, Drumming on Knees